

The McKusick-Kaufman syndrome: report of a case with some associations

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McKusick-Kaufman syndrome (MKS) is a rare autosomal recessive condition consisting of congenital hydrometrocolpos, polydactyly and congenital heart defect. We present a female stillborn, the product of non-consanguineous parents, who presented postaxial polydactyly on both feet, micrognathia and marked abdominal distension. Postmortem examination revealed bicornuated cystic uterus and intestinal malrotation. She also had flat left kidney and left hydroureter due to compression by the cystic mass.

Key words: congenital hydrometrocolpos, bicornuated uterus, polydactyly, vaginal atresia, hydroureter, malrotation, abdominal cyst.

The McKusick-Kaufman syndrome (MKS) consists of congenital hydrometrocolpos with polydactyly and congenital heart malformation^{1,2}. Hydrometrocolpos was found second to vaginal atresia and bilateral postaxial hexadactyly in an offspring of first-cousin parents by Dungy et al.³ It is an autosomal recessively inherited condition of different ethnic backgrounds^{4,5}. Other abnormalities reported in affected cases include several in other organs, especially the genitourinary system^{6,8}. We report a new case of MKS syndrome with bicornuated uterus and intestinal malrotation.

Case Report

The patient was born to a 33-year-old G3, P1 woman and a 35-year-old father, both of Turkish descent. There was no consanguinity and other family history was not contributory. There was no prenatal care and the pregnancy was complicated at 33 weeks of gestation, when the mother presented with vaginal bleeding. No fetal heart beat could be heard and fetal ultrasonography revealed polydactyly, abdominal cyst, pes equinovarus deformity and possibly oligohydramnios. The gynecologist induced the delivery.

The birth weight was 2700 g (52% of the term, compatible with 35th gestational week). External examination showed CH (Crown-Heel), CR

(Crown-Rump) and foot lengths as 40 cm, 30 cm, and 6 cm respectively (all compatible with 31-34 gestational weeks). There was postaxial polydactyly on both feet and marked abdominal distension with petechia around the umbilicus (Fig. 1a). Micrognathia and facial appearance were characteristic for Potter facies due to



Fig. 1a. Marked abdominal distension with petechia around umbilicus and polydactyly of the feet.

oligohydramnios sequences (Fig. 1b). There were overriding skull bones and scalp edema. The external genitalia was normal female but with a questionable short vagina.

Postmortem examination: Internal examination revealed a midline cyst measuring 6x4x3 cm (Fig. 2). The cyst was located just beneath the branching point of the aorta, between the two iliac arteries. There was a dilated bicornuate uterus with a blind vaginal orifice. Other findings included malrotation of the intestines, flattened left kidney and left hydroureter due mechanical compression by the mass, and a normal bladder. No other abnormalities were detected and the heart was normal.

Histopathological study of the cyst wall revealed endometrial epithelium, stroma and myometrium.



Fig. 1b. Micrognathia and characteristic facial appearance due to oligohydramnios.

by 10 weeks and the cavities (uterus and vagina) become a single genital canal caudally. Incomplete fusion leads to many anomalies, e.g. septate uterus. At the end of the first trimester, the developing vagina becomes occluded by a cellular mass termed vaginal plate. The cells of the vaginal plate desquamate during the second trimester and the established vaginal lumen slides down along the urethra to its separate opening into the vestibule. The hymen is the partition that persists between sinovaginal bulbs and the urogenital sinus. A failure of the canalization leads to vaginal atresia, septa or stenosis. Vaginal atresia and/or imperforate hymen results in an accumulation of fluid within the reproductive organs, namely hydro(metro)colpos⁹.

Hydro(metro)colpos was first reported in the mid 19th century, and towards the middle of the 20th



Fig. 2. The cyst measuring 6x4x3 cm in the midline.

Discussion

Sexual differentiation of the reproductive pathway begins early in the fetal period (35 mm embryo, 8 ½ postfertilization week) under the influence of the gonadal hormones. Arising as coelomic invaginations in the metanephros, the paramesonephric ducts grow caudally to form uterine tubes. Afterwards they approach each other and begin to fuse before reaching the urogenital sinus. The fusion is usually complete

century, efforts were aimed at classification according to the underlying anomaly. Vaginal atresia is seen rarely and is usually associated with other anomalies of the genitourinary tract such as fistulas⁶, or is associated with Robinow's syndrome¹⁰. In the presented case, uterus septus bicollis was associated with mid-vaginal atresia.

Development of limbs occurs between the 5th and 8th gestational weeks. Although development and even contraction of the heart begin earlier,

development of valves and septa of the heart occurs when hand and foot plates form and finger and toe rays become visible⁸. Therefore, one can expect to see limb abnormalities together with heart and urogenital system malformations.

Hydrometrocolpos associated with polydactyly and congenital heart diseases are the cardinal feature of the MKS¹⁻⁴. Kaufman et al.⁴ noticed that postaxial polydactyly and/or congenital heart disease may sometimes be associated with hydrometrocolpos. Interestingly, in the kindred reported by McKusick et al.¹, one of the girls had hydrometrocolpos with polydactyly, while another girl in the same family had only congenital heart disease without hydrometrocolpos. Other reported associated anomalies are congenital heart diseases such as patent ductus arteriosus, ventricular septal defect, single atrium; urinary tract anomalies such as micropenis, glandular hypospadias, undescended testis, hydronephrosis, hydroureters, displaced urethral meatus, polycystic kidneys; Mullerian duct anomalies such as duplications of uterus or vagina; anorectal anomalies such as rectovaginal fistula, anal atresia; intestinal malrotation and Hirschsprung's disease; skeletal abnormalities such as syndactyly, cervical ribs, vertebral anomalies, retinal dystrophy; and pituitary dysplasia^{5-8,9}. Non-immune hydrops in a MKS case has been also reported¹⁰. Intestinal malrotation and left hydroureter were present in our case. The fetal abnormalities resulting from hydrometrocolpos make it possible to diagnose MKS prenatally in female patients⁵. On the other hand, in male patients who have an affected female relative, polydactyly is the only clue for diagnosis most of the time, although hypospadias, undescended testes or small penis may be associated^{5,13}.

The MKS is inherited as an autosomal recessive trait and parental consanguinity has been reported in all case when there are multiple affected siblings in the family⁷. Recently, using two pedigrees from the original work of McKusick et al. in the Old Order Amish population, short tandem repeat polymorphism screening showed homozygosity in 20p12 between D20S162 and D20S894. This region includes several genes including the *jaged1* gene. However, sequencing of the *jagged1* gene in two unrelated individuals with MKS has not revealed any disease-causing mutations¹⁴. Therefore, other gene products may be involved in the pathogenesis of MKS in non-Amish populations,

and sporadic cases, such as the one presented here, may attract the attention of research workers dealing with gene mapping. Indeed, a recent analysis in an Amish and a sporadic, non-Amish case revealed a frame shift mutation predicting premature protein truncation, and this protein showed structural similarity to the chaperonin family of pyroteins¹⁵.

On the other hand, there are a few other syndromes with hydrometrocolpos associated with polydactyly, namely, Bardet-Biedl syndrome (BBS), Pallister-Hall syndrome, Ellis-van Creveld syndrome and orofacioidigital syndrome, type IV¹⁶⁻¹⁷. And recent data has revealed a significant overlap between MKS and BBS, in view of a series of patients having vaginal atresia and postaxial polydactyly in infancy and later developing obesity and retinal dystrophy¹⁶.

In children with polydactyly and cystic masses in the lower abdomen, hydrometrocolpos should be considered and prenatal and postnatal ultrasound should be performed¹⁸⁻¹⁹. Hydrometrocolpos with polydactyly may easily lead to the diagnosis of MKS, but this should be done with caution in infancy. Systematic ophthalmological and neurodevelopmental follow-up should be established in order not to underdiagnose BBS¹⁶.

Furthermore, Rosen and Bocian¹² reported a case of McKusick-Kaufman syndrome, but this case also had non-immune hydrops. A large pelvic mass was prenatally mistakenly attributed as due to inferior vena cava compression and lymphatic obstruction.

In conclusion, we presented a new McKusick-Kaufman syndrome form Turkey, which was characterized by congenital hydrometrocolpos, bicornuate cystic uterus, intestinal malrotation, and bilateral postaxial polydactyly.

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